



EUROPEAN NARCOLEPSY NETWORK

PRELIMINARY PROGRAM

8th European Narcolepsy Day Palma, Mallorca, Spain March 18-19th 2017

Together for better care

Saturday, March 18th Location: Gran Hotel. Fundación Caixa Forum Palma (Pl. de Weyler, 3)

- 8:00-9:00 Registration
9:00-9:10 Welcome: [Francesca Cañellas \(Spain\)](#) and [Geert Mayer \(Germany\)](#)
9:10-9:30 Prospective European Narcolepsy Data Base: Results: [Ramin Khatami \(Switzerland\)](#)
- 9:30 -11:15** **Symposium 1: Genetics and Immune function in narcolepsy: News and controversies**
Chair: [Birgitte Kornum \(Denmark\)](#) and [Mehdi Tafti \(Switzerland\)](#)
- 09:30-09:50 Learning from H1N1-related narcolepsy and news in Genetics: [Hanna Ollila \(Finland\)](#)
09:50-10:10 Autoimmune dysfunction in narcolepsy theoretical update: [Birgitte Kornum \(Denmark\)](#) and [Mehdi Tafti \(Switzerland\)](#)
10:10-10:50 Controversy debate: Is narcolepsy associated with increased risk of comorbid autoimmune diseases?
- "Pro presentation": [Francisco Javier Martínez-Orozco \(Spain\)](#)
- "Con presentation": [Yves Dauvilliers \(France\)](#)
10:50-11:15 Open discussion: Genetics and Immune function in narcolepsy
- 11:15 - 11:45: *coffee break*
- 11:45 -13:30** **Symposium 2: Diagnosis of narcolepsy**
Chair: [Rosa Peraíta-Adrados \(Spain\)](#) and [Karel Sonka \(Czech Republic\)](#)
- 11:45-12:05 Difficulties in diagnosing narcolepsy: Prevalence of narcolepsy in Catalonia (Spain): [Carles Gaig \(Spain\)](#)
12:05-12:25 Role of PSG/MSLT in the diagnosis of narcolepsy including sleep microstructure: [Fabio Pizza \(Italy\)](#)
12:25-12:45 Diagnosis of narcolepsy and its borderland: pitfalls and limitations: [Claudio Bassetti \(Switzerland\)](#)
12:45-13:10 Creation of a EU-NN brain bank. Dutch experience and patient opinions: [Rolf Fronzeck & Leontien Sickenga \(The Netherlands\)](#)
13:10-13:30 Open discussion: Diagnosis of narcolepsy
- 13:30-15:30: *Lunch and then Business Meeting EU-NN (Only EUNN members need to confirm attendance)*
- 13:30-16:00 *Free time for lunch/poster viewing/networking for participants*
- 15:30-16:00 **Special presentation:** Narcolepsy guidelines (*Patients associations only*)
- 16:00-17:30** **Symposium 3: Pharmacological Treatment in narcolepsy: News and controversies**
Chair: [Aleksandra Wierzbicka \(Poland\)](#) and [Rafael del Rio \(Spain\)](#)
- 16:00-16:20 Review of neuronal pathways implicated in narcolepsy: [Miguel Garzón \(Spain\)](#)
16:20-16:40 Results from the postmarketing surveillances study on sodium oxybate in adults [Geert Mayer \(Germany\)](#)
16:40-16:55 Available treatments of narcolepsy and future perspectives: physicians perspective: [Gert Jan Lammers \(The Netherlands\)](#)
16:55-17:10 Patients perspective of pharmacological treatment of narcolepsy: [Carmen Dominguez \(Spain\)](#)
17:10-17:30 Open discussion: treatment of narcolepsy and related hypersomnolences
- 17:30-18:00: *break*
- 18:00-19:30** **Symposium 4: Cognitive and Psychiatric comorbidity of Narcolepsy**
Chair: [Claire Donjacour \(The Netherlands\)](#) and [Giuseppe Plazzi \(Italy\)](#)
- 18:00-18:20 Neuropsychological disturbances in Narcolepsy with cataplexy: A case-control study [Pablo Medrano \(Spain\)](#)
18:20- 18:40 Narcolepsy in children: association with H1N1 flu, psychiatric, cognitive comorbidities and impact on daily life: [Attila Szakacs \(Finland\)](#)

18:40- 19:00 Delusional confusion of dreaming and reality in narcolepsy: [Claire Donjacour \(The Netherlands\)](#)
19:00- 19:20 Psychiatric comorbidity: Narcolepsy and psychosis: [Francesca Cañellas \(Spain\)](#)
19:20- 19:30 Open discussion: Psychiatric disorders and Narcolepsy

19:30 - 20:45 *Optional guided visit to the Majorca Cathedral*

21:00 Dinner *(All attendants, maximum of 120 places, prior registration in the web page)*

Sunday, march 19 th

9:00-10:15 *Symposium 5. Psychosocial aspects of Narcolepsy*
Chair: [Laura Lillo Triguero \(Spain\)](#) and [Michel Lecendreux \(France\)](#)

9:00 - 9:20 Narcolepsy with Cataplexy and Pregnancy: [Elena Calvo \(Spain\)](#)

9:20 – 9:40 Narcolepsy and school counseling: the experience in the Netherlands: [P. Buijserd-Amesz](#) and [Y. Nuvelstijn-Veltkamp \(The Netherlands\)](#)

9:40 - 10:00 Patient-related outcome parameters of functioning. Results of the 7th Helsinki narcolepsy day survey: [Markku Partinen \(Finland\)](#)

10:00-10:15 Open discussion: Psychosocial aspects of Narcolepsy

10:15-10:45 *Invited conference:* “Ups and downs of the continuous effort towards an accurate diagnosis of narcolepsy: an historical perspective”: [Professor Michel Billiard \(France\)](#)

10:45-11:15 *coffee break*

11:15 -13:00 *Symposium 6. Closing Symposia*
Chair: [Geert Mayer \(Germany\)](#) and [Enrique López García \(Spain\)](#)

11:30-11:50 Young Scientist Award

11:50-12:00 Best Poster Award presentation

12:00: 12:30 Presentation of a representative of Europeans patients associations [presented by a selected speaker by patients associations](#)

12:30-13:00 Summary of meeting and Future European Narcolepsy Days

13:00 -14:00 *Lunch, Farewell*